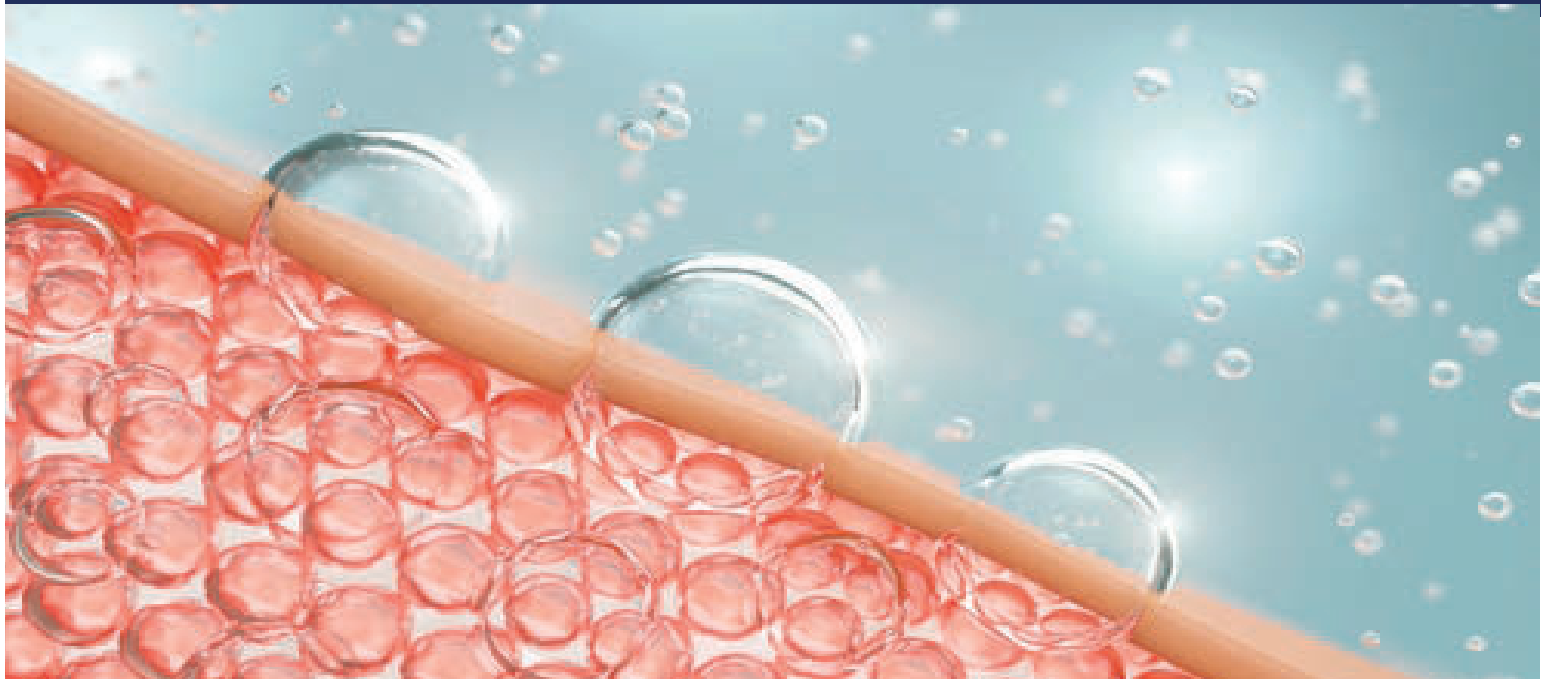
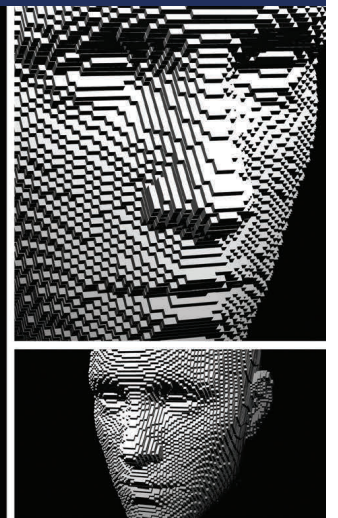
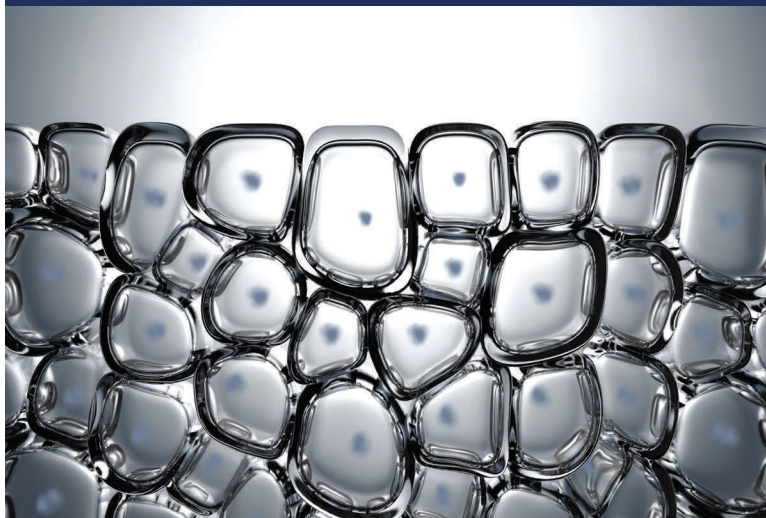


# CT Dermatology Scientific Program Wed November 13, 2024

The Aqua Turf Club • 556 Mulberry Street • Plantsville, Connecticut



## PROGRAM



**The Connecticut Dermatology and Dermatologic Surgery Society**

**Wednesday November 13, 2024**

**Aqua Turf Club, 556 Mulberry Street, Plantsville, CT**

4:30pm **Registration**

5:00pm **Coding- How to document and prepare for Audits**

*-Robin Linker, CHCRA, CHCA, CHCAS, CPC-I, CPC-H, CCS-P, MCS-P, COC, CHC*

*Objectives:*

*1. To understand common documentation errors and identify areas in need of improvement Within the medical record*

*2. To review member need gap questions in coding and identify proper documentation and coding*

5:30pm **“The Times They Are a-Changin’: Allergy Updates over the last decade”**

*-Kelsey Kaman, MD*

*Objectives:*

*1. To understand the limitations of IgE and skin prick testing*

*2. To identify the pros and cons of oral immunotherapy*

6:00pm **Product Theater-**

6:45pm **Dinner - Annual Meeting and Resident Cases \*Steve Lu, M.D., Ph.D.**

7:15pm **Tips and Tricks for the Advanced Management of Hidradenitis Suppurativa**

*-Anna Eisenstein, MD*

*Objectives*

*1. To understand the appropriate use and selection of biologics in the treatment of hidradenitis suppurativa.*

*2. To understand the procedural management of hidradenitis suppurativa by dermatologists.*

8:00pm **Product Theater-**

8:45pm **Skin Cancer in Skin of Color: An Evidence Based Approach**

*-Janelle Mallett, MD and Maritza Perez, MD*

*Objectives:*

*1. Recite the evidence demonstrating the various factors that contribute to development of skin cancer in people with skin of color.*

*2. Present an overview of the most recent and comprehensive studies detailing the incidence and prevalence of skin cancer in people with skin of color.*

*3. Present a framework for patients and providers to educate patients on how to reduce their risk of skin cancer and produce better outcomes.*

9:15pm **Certificates and Door Prizes**

This activity has been planned and implemented in accordance with the Essentials and Standards of the ACCME through the joint sponsorship of CSEP and The Connecticut Dermatology & Dermatologic Surgery Society.

CSEP is accredited by the ACCME to provide continuing medical education for physicians.

CSEP designates this educational activity for a maximum of 2.0 AMA PRA Category I Credit(s)™ toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.

**Mission Statement**

The Dermatology and Dermatologic Surgery Society is committed to advancing the highest standards of eye care through its continuing education activities. The semiannual CDDSS Scientific Education Programs are structured to present recent advances in the diagnosis and treatment of skin disease. The goal of CDDSS educational programs is to protect and improve patients' skin and skin health.

CDDSS Semiannual Scientific Education Programs are an opportunity for dermatologists and their staff to learn, identify and discuss critical issues facing their profession. CDDSS programs present recent advances in the diagnosis and treatment of skin disease, through lectures, panels, symposia, scientific papers and videos. CDDSS programs are designed to meet the clinical and educational needs of its members through the objectives proposed and evaluated by the CDDSS education committee.

# Program Disclosure Statement



**Phil Kerr, MD CDDSS Education Chair**

"In my position to control the content of this education activity I have reviewed all speakers and planners financial disclosures disclosures of all relevant financial relationships with any commercial interest and found that this program has no conflicts of interest. The ACCME defines "relevant' financial relationships" as financial relationships in any amount occurring within the past 12 months that create a conflict of interest."

Phil Kerr, MD submitted to CSEP and Dermatology and Dermatologic Surgery Committee 6-13-24



In my position to control the content of this education activity I have reviewed all speakers and planners financial disclosures disclosures of all relevant financial relationships with any commercial interest and found that this program has no conflicts of interest. The ACCME defines "relevant' financial relationships" as financial relationships in any amount occurring within the past 12 months that create a conflict of interest -Debbie Osborn, Exec Director 6-13-24

## Featured Resident Case:

\* **Steve Lu, M.D., Ph.D.**

***Topical treatment with HSV-1-based gene therapy  
for an infant with dystrophic epidermolysis bullosa (DEB)***

**OBJECTIVE:**

To recognize a novel FDA-approved treatment for blistering wounds in dystrophic epidermolysis bullosa Dr. Kaman is a Pediatric Allergist & Immunologist at Yale New Haven Hospital. She completed her nursing and medical degrees at the University of Connecticut. Subsequently, she attended Baystate Medical Center where she completed her pediatric residency, followed by Yale University where she completed her allergy and immunology fellowship. Her current research focuses on identifying and addressing food allergy disparities that exist among Black, Hispanic and low socio-economic status children.

CSEP ensures that all decisions related to the planning, faculty selection, delivery, and evaluation of accredited education are made without any influence or involvement from the owners and employees of an ineligible company. In addition, CSEP ensures that the Accredited education is free of marketing or sales of products or services and that all faculty will not actively promote or sell products or services that serve their professional or financial interests during accredited education. CSEP will not share the names or contact information of learners with any ineligible company or its agents without the explicit consent of the individual learner.

# Speakers Bios



## **Anna Eisenstein, MD**

Dr. Eisenstein is an Assistant Professor of Dermatology and Director of the Hidradenitis Suppurativa Clinic at Yale School of Medicine. She is board-certified dermatologist and a scientist who studies how the immune system is shaped by physical and chemical environmental stressors with a primary clinical focus on hidradenitis suppurativa. Dr. Eisenstein's research has been supported by the National Institute of Allergy and Infectious Disease, the Dermatology Foundation, the Doris Duke Foundation, the Colton Center for Autoimmunity at Yale, and the Robert E. Leet and Clara Guthrie Patterson Trust. Dr. Eisenstein is also interested in medical education and deeply invested in mentorship and spends time supervising Yale dermatology residents in their continuity clinics.

Dr. Eisenstein completed her undergraduate education at Middlebury College and then completed her MD and PhD at Boston University School of Medicine. She completed dermatology residency at Yale-New Haven Hospital, and a post-doctoral research fellowship in Dr. Andrew Wang's laboratory within the Yale Immunobiology Department.



## **Kelsey Kaman, MD**

Dr. Kaman is a Pediatric Allergist & Immunologist at Yale New Haven Hospital. She completed her nursing and medical degrees at the University of Connecticut. Subsequently, she attended Baystate Medical Center where she completed her pediatric residency, followed by Yale University where she completed her allergy and immunology fellowship. Her current research focuses on identifying and addressing food allergy disparities that exist among Black, Hispanic and low socioeconomic status children.



## **Robin Linker CHCRA, CHCA, CHCAS, CPC-I, CPC-H, CCS-P, MCS-P, COC, CHC**

CEO, Robin Linker & Associates, Inc. / Healthcare Consultant

Executive Director of Operations & Auditing,

Association of Health Care Auditors and Educators (AHCAE)

Phone: 303.905.2357 Email: RLAcode@comcast.net [www.robinlinkerassociates.com](http://www.robinlinkerassociates.com)

As a leading expert with over 30 years in healthcare, Robin has provided consulting and education in most areas of practice management, compliance, and correct coding and billing practices. She is the Executive Director of Operations and Auditing for the Association of Health Care Auditors and Educators (AHCAE) and is CEO of Robin Linker & Associates, Inc., a nationally known healthcare consulting firm, located in Aurora, Colorado.

Robin is the past Director of Education and Technical Development for the American Academy of Professional Coders (AAPC) where she wrote and presented numerous specialty related coding and training programs nationwide. She has been a guest speaker for A M A , AHIMA, AAPC, HFMA, HCCA as well as several medical societies, associations, provider groups, hospitals, plans and other organizations.

She is a licensed instructor and former contributor to the AAPCs Professional Medical Coding Curriculum for over 20 years and is certified in physician, outpatient facility and payor coding through the American Academy of Professional Coders (AAPC) and is a CCS-P through the American Health Information Management Association (AHIMA). Robin is certified in healthcare chart auditing through the AHCAE and holds two compliance certifications, including the CHC credential through HCCA. Robin is a past member of the Provider Outreach and Education Advisory Group for CMS and is a past President of the Northern Colorado Health Information Management Association (NCHIMA). She is the 2023 President of the AAPC Broomfield Chapter.

She assists various healthcare venues including attorneys, providers, and facilities in the areas of coding, auditing, fraud, and abuse assistance and has served as an expert case witness on behalf of physicians. She is an experienced IRO assisting providers and organizations under mandated OIG Corporate Integrity Agreements. She is an author and frequent lecturer to various organizations on compliance, auditing, coding, practice management and healthcare regulatory issues. As a speaker, author, and educator for the American Medical Association, she provides training and education as needed. She is the co-author and presenter of the American Medical Association's ICD-10-CM Workshops and CPT Changes Workshops. As a true advocate in the healthcare industry, Robin has dedicated her career to her clients, associations, organizations, and agencies, by increasing industry awareness and contributing to systems improvement. She is a member of the National Speakers Association and has provided thousands of educational and keynote presentations throughout the United States and on occasion, internationally. Robin shadows providers rounding on patients jointly, for documentation, compliance, and coding improvement through real-time feedback.

With a strong background in research and development, Robin has a knack for the technical side of healthcare, evaluating and contributing to electronic medical record systems, remote monitoring and device programs, platform assistance, coding /billing software, publications, auditing tools and training programs. She is the co-author of college curriculum, "Understanding Medical Coding: A Comprehensive Guide" currently in its 4th edition. She is the author of the 6th edition of "Coding with Modifiers" an America Medical Association publication. Robin enjoys active participation with her audience and a touch of humor in her workshops. ■

## Speakers Bios cont.



### **Janelle Mallett, MD**

Janelle Rachel Mallett, MD, MBA is an Assistant Professor of Dermatology at the UCONN School of Medicine. She graduated from Harvard College with a degree in Biology in 2001 and she received her MD/MBA joint degree from UCONN in 2007. She completed her dermatology residency program at UCONN in 2011 and subsequently joined the faculty and has served as Director of Skin of Color and core faculty in the Dermatology Residency Program. She has authored several publications and given several presentations on different dermatology topics, including melanoma, non-melanoma skin cancers, inflammatory skin conditions and alopecia at the American Academy of Dermatology National meeting and the Student National Medical

Association annual meeting in 2023. She is also passionate about diagnosis and treatment of alopecia and serving the entire dermatology community in Connecticut where she resides. She has been instrumental in developing and increasing the alopecia services offered at UCONN. In addition, she mentors medical students interested in dermatology and is an invited lecturer at several events for the medical students. Lastly, Dr Mallett has also been a member of the Public Issues council at the school of medicine, the CT Chapter of the National Medical Association, the Women's Dermatologic Society, the Skin of Color Society, the CT Dermatologic Society and a reviewer for the International Journal of Women's Dermatology.



### **Maritza I. Perez, M.D.**

**University of Connecticut School of Medicine and Mount Sinai Icahn School of Medicine  
Specialized in Mohs Micrographic, Laser, and Cosmetic Surgery**

Dr. Perez is certified by the American Board of Dermatology and the College of Mohs Micrographic Surgery and was the Director of Cosmetic Dermatology at Mount Sinai West in New York for two decades. She is also Clinical Professor of Dermatology at Mount Sinai NY and Professor of Dermatology at University of Connecticut School of Medicine.

Dr. Perez is an active member in numerous dermatology organizations, such as the American Society for Laser in Surgery and Medicine, American Academy Dermatology, Sustaining Member and Donor of Dermatology Foundation, and is on the Senior Vice Presidents for the Skin Cancer Foundation.

Dr. Perez has published over 100 original articles, chapters, case reports and abstracts that have appeared in medical journals such as Journal of Investigative Dermatology, New England Journal of Medicine, Yale Journal of Biology and Medicine, Journal of Transplantation, American Journal of Dermatology, Achieves of Dermatology and Cosmetic Dermatology. Dr. Perez also authored a book titled Understanding Melanoma which is on its fifth edition. In addition, Dr. Perez has spoken at a number of dermatology engagements, including The World Congresses of Dermatology in Germany and Japan, annual American Academy of Dermatology meetings, Orlando Cosmetic Dermatology Convention. Annual Dermatology Conventions in the Philippines, Puerto Rico, Dominican Republic, Chile, and Argentina, and International Laser Congresses in Santiago de Chile and Vinas Del Mar in Chile, and Paris and Marseille, in France. Dr. Perez has been recognized as one of the best Dermatologist and Cosmetic Dermatologists in the years 1999-2005, and more recently by Connecticut Magazine 2020-22.

Dr. Perez is a graduate of the University of Puerto Rico, School of Medicine where she also completed her residency in dermatology. In addition, she completed post-doctoral training in Immunodermatology at Columbia College of Physicians and Surgeons in New York, NY and Dermatologic Surgery including Mohs Micrographic and Laser Surgery and Cosmetic Dermatologic Surgery at New York University.



### **Steve Lu, M.D., Ph.D.**

Steve Lu, M.D., Ph.D., is a physician-scientist who is passionate about combining his background in cancer immunology and interest in dermatology to harness the immune system to target dermatologic malignancies.

Dr. Lu received his M.D. from Johns Hopkins School of Medicine and pursued his Ph.D. studies in Cellular Molecular Medicine in the laboratory of cancer geneticist Dr. Bert Vogelstein. His graduate studies focused on developing techniques to identify highly specific antibodies against cancer cells. While studying the tumor micro-environment, he became part of a team led by Dr. Luis Diaz, Jr that initiated a clinical trial using pembrolizumab, an anti-PD-1 therapy, to release inhibition of tumor-specific T cells in patients with tumors deficient in DNA repair.

This work culminated in the first tumor-agnostic FDA drug approval. During this time, he also collaborated with Dr. Janis Taube to identify biomarkers of response to checkpoint blockade by immunohistochemical methods, particularly in melanoma and Merkel cell carcinoma.

During his intern year at Memorial Sloan Kettering Cancer Center, he observed at how often cancer patients experience challenging dermatological effects, highlighting how the immune system was a complex and careful balance that was both beneficial and potentially detrimental. He is starting dermatology residency at Yale where he is excited to continue developing the clinical and research skills to not only better care for these patients, but also better understand the mechanisms of these conditions to help guide new therapeutic approaches.

## Outcome Measurements

Name: \_\_\_\_\_

1. Has this symposium changed the way you will care for patients?  Yes  No
2. Do you believe this symposium will have a positive effect on patient surgical or clinical outcomes?  
 Yes  No
3. Can you offer other speakers or topics that will provide information to improve clinical outcomes at the next meeting?  Yes  No
4. How has this symposium changed the way you will care for patients and What are you going to change? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Competency Questions

Physicians Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

*\*\*please fill in and turn in for CME Certificate*

### Tips and Tricks for the Advanced Management of Hidradenitis Suppurativa

*-Anna Eisenstein, MD*

1. When your patient with hidradenitis suppurativa, who was previously well controlled on adalimumab, starts to have new flares, what would be your next course of action?
  - a. Switch to secukinumab injections
  - b. Switch to infliximab infusions
  - c. Check adalimumab drug levels and anti-adalimumab antibody levels
2. Your patient with hidradenitis suppurativa on adalimumab is scheduled for axillary excision of HS. You should:
  - a. Instruct the patient to stop adalimumab a week prior to surgery
  - b. Instruct the patient to stop adalimumab a month prior to surgery
  - c. Instruct the patient to continue adalimumab prior to surgery
  - d. Discontinue adalimumab as they will not need further treatment after surgery

### “The Times They Are a-Changin’”: Allergy Updates over the last decade”

*-Kelsey Kaman, MD*

1. Which of the following are NOT routinely recommended therapeutic options in the management of atopic dermatitis.
  - a. Topical steroids
  - b. Food allergy testing and avoidance
  - c. Aggressive moisturizing
  - d. Use of fragrance-free products
2. In an infant with severe eczema, which of the following is recommended regarding peanut introduction?
  - a. Avoidance of peanut until 1 year of age
  - b. IgE peanut and skin testing prior to introduction
  - c. Try applying a small amount of peanut butter on the skin to see how the infant reacts prior to oral introduction
  - d. Shared decision making with families to discuss home peanut introduction vs. testing prior to introduction

**Coding- How to document and prepare for Audits**

*-Robin Linker, CHCRA, CHCA, CHCAS, CPC-I, CPC-H, CCS-P, MCS-P, COC, CHC*

1. *What guidelines do the AMA provide for proper understanding of E/M changes?*

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2. *Which code is allowed to be reported that captures the inherent complexity of the visit that's derived from the longitudinal nature of the practitioner and patient relationship?*

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3. *What source document does CMS provide for guidance on correct capturing of E/M?*

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**Skin Cancer in Skin of Color: An Evidence Based Approach.**

*-Janelle Manton, MD and Maritza Perez, MD*

1) *The medical literature supports that several factors contribute to the development of NMSC in people with skin of color. What are those factors?*

- a) immunosuppression
- b) previous organ transplant recipient + presence of high risk HPV type
- c) ultraviolet light exposure
- d) all of the above except UV light exposure
- e) all of the above

2. *The medical literature supports that with regards to melanoma in people with skin of color from the time period before 2000 (<2000) to the time period after 2010 (>= 2010):*

- a) the melanoma specific survival (MSS) has worsened across all racial groups but the disparity in MSS has decreased
- b) the MSS has only improved for certain racial groups
- c) the MSS has improved across all racial groups but the disparity in MSS has increased
- d) none of the above

***Please scan completed form and send to [debbieosborn36@yahoo.com](mailto:debbieosborn36@yahoo.com)***

***Certificates will not be awarded without completed competency test.***



The Connecticut Dermatology and Dermatologic Surgery Society  
November 13, 2024 Annual Educational Program

CME EVALUATION FORM

**CME Certificates will not be given without completing this form in its entirety**

*Please evaluate the following topics on a scale of 1 to 4 with the following values:*

1 - poor    2 - satisfactory    3 - good    4 - excellent

Circle One

- |                              |   |   |   |   |                |   |   |   |   |
|------------------------------|---|---|---|---|----------------|---|---|---|---|
| 1. SUBJECT MATTER OF MEETING | 1 | 2 | 3 | 4 |                |   |   |   |   |
| 2. LOCATION                  | 1 | 2 | 3 | 4 | 4. AUDIOVISUAL | 1 | 2 | 3 | 4 |
| 3. FACILITIES                | 1 | 2 | 3 | 4 | 5. SPEAKERS    | 1 | 2 | 3 | 4 |

**Coding- How to document and prepare for Audits**

*-Robin Linker, CHCRA, CHCA, CHCAS, CPC-I, CPC-H, CCS-P, MCS-P, COC, CHC*

- |   |                          |     |                          |    |  |  |  |  |
|---|--------------------------|-----|--------------------------|----|--|--|--|--|
| Degree to which objectives were met                                     | 1                        | 2   | 3                        | 4  |  |  |  |  |
| Did speaker disclose all financial interests in any product or company? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |
| Was the presentation fair and balanced?                                 | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |

**“The Times They Are a-Changin’: Allergy Updates over the last decade”**

*-Kelsey Kaman, MD*

- |   |                          |     |                          |    |  |  |  |  |
|---|--------------------------|-----|--------------------------|----|--|--|--|--|
| Degree to which objectives were met                                     | 1                        | 2   | 3                        | 4  |  |  |  |  |
| Did speaker disclose all financial interests in any product or company? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |
| Was the presentation fair and balanced?                                 | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |

**Tips and Tricks for the Advanced Management of Hidradenitis Suppurativa**

*-Anna Eisenstein, MD*

- |   |                          |     |                          |    |  |  |  |  |
|---|--------------------------|-----|--------------------------|----|--|--|--|--|
| Degree to which objectives were met                                     | 1                        | 2   | 3                        | 4  |  |  |  |  |
| Did speaker disclose all financial interests in any product or company? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |
| Was the presentation fair and balanced?                                 | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |

**Resident Tough Cases - Steve Lu, M.D., Ph.D.**

*-Phil Kerr, MD & Howard Rogers, MD - Moderators*

- |   |                          |     |                          |    |  |  |  |  |
|---|--------------------------|-----|--------------------------|----|--|--|--|--|
| Degree to which objectives were met                                     | 1                        | 2   | 3                        | 4  |  |  |  |  |
| Did speaker disclose all financial interests in any product or company? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |
| Was the presentation fair and balanced?                                 | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |

**Skin Cancer in Skin of Color: An Evidence Based Approach**

*-Janelle Mallett, MD and Maritza Perez, MD*

- |   |                          |     |                          |    |  |  |  |  |
|---|--------------------------|-----|--------------------------|----|--|--|--|--|
| Degree to which objectives were met                                     | 1                        | 2   | 3                        | 4  |  |  |  |  |
| Did speaker disclose all financial interests in any product or company? | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |
| Was the presentation fair and balanced?                                 | <input type="checkbox"/> | Yes | <input type="checkbox"/> | No |  |  |  |  |

**PLEASE COMPLETE AND RETURN AT THE END OF THE MEETING**

*This activity has been planned and implemented in accordance with the Essentials and Standards of the ACCME through the joint sponsorship of CSEP and the Connecticut Dermatology and Dermatologic Surgery Society. CSEP is accredited by the ACCME to provide continuing medical education for physicians. CSEP designates this educational activity for a maximum of 2.0 credit hours in category I credit toward the AMA Physicians Recognition Award. Each physician should claim only those hours of credit that he/she spent in the activity.*